

A Lesson Workbook for

Spending Time with the Lord

Workbook format:

1. Scripture Reading
2. Book Reading in *Spending Time with the Lord*
3. Questions and Observations
4. Questions marked with an asterisk (*) can be used for group fellowship.

Lesson #1

Introduction

Scripture: Luke 10:38-42

^{10:38} Now as they went, He entered into a certain village, and a certain woman named Martha received Him into her home. ³⁹ And she had a sister called Mary, who also sat at the Lord's feet and was listening to His word. ⁴⁰ But Martha was being drawn about with much serving, and she came up to Him and said, Lord, does it not matter to You that my sister has left me to serve alone? Tell her then to do her part with me. ⁴¹ But the Lord answered and said to her, Martha, Martha, you are anxious and troubled about many things; ⁴² But there is need of one thing, for Mary has chosen the good part, which shall not be taken away from her.

Questions and Observations

1. In Luke 10:38-39 what was Mary doing?

2. In Luke 10:40-41 what was Martha doing?

3. From Luke 10:41-42 how does the Lord feel about Martha's and Mary's priorities?

- *4. List any excuses that would hinder you from spending time with the Lord.

Lesson #2

The Sense of Need

*Scriptures: Matt. 5:3; Rev. 3:14-20**Book Reading: pp. 1-2*

^{5:3} Blessed are the poor in spirit, for theirs is the kingdom of the heavens.

¹⁴ And to the messenger of the church in Laodicea write: These things says the Amen, the faithful and true Witness, the beginning of the creation of God: ¹⁵ I know your works, that you are neither cold nor hot; I wish that you were cold or hot. ¹⁶ So, because you are lukewarm and neither hot nor cold, I am about to spew you out of My mouth. ¹⁷ Because you say, I am wealthy and have become rich and have need of nothing, and do not know that you are wretched and miserable and poor and blind and naked, ¹⁸ I counsel you to buy from Me gold refined by fire that you may be rich, and white garments that you may be clothed and that the shame of your nakedness may not be manifested, and eyesalve to anoint your eyes that you may see. ¹⁹ As many as I love I rebuke and discipline; be zealous therefore and repent. ²⁰ Behold, I stand at the door and knock; if anyone hears My voice and opens the door, then I will come in to him and dine with him and he with Me.

Questions and Observations

1. According to Matthew 5:3 is it good or bad to have a sense of need?

2. According to Revelation 3:14-20 what does the Lord say about a person who does not have a sense of need?

- *3. Write out the things in your life that are symptoms of your having a sense of need to spend more time with the Lord?

Lesson #3

The Need to Be Supplied

Scriptures: Heb. 4:12-16; Phil. 1:19

Book Reading: pp. 2-6

^{4:12} For the word of God is living and operative and sharper than any two-edged sword, and piercing even to the dividing of soul and spirit and of joints and marrow, and able to discern the thoughts and intentions of the heart. ¹³ And there is no creature that is not manifest before Him, but all things are naked and laid bare to the eyes of Him to whom we are to give our account. ¹⁴ Having therefore a great High Priest who has passed through the heavens, Jesus, the Son of God, let us hold fast the confession. ¹⁵ For we do not have a High Priest who cannot be touched with the feeling of our weaknesses, but One who has been tempted in all respects like us, yet without sin. ¹⁶ Let us therefore come forward with boldness to the throne of grace that we may receive mercy and find grace for timely help.

^{1:19} For I know that for me this will turn out to salvation through your petition and the bountiful supply of the Spirit of Jesus Christ.

Questions and Observations

1. From Philippians 1:19 and pages 2-6 describe the nature of the Christian life.

2. In Hebrews 4:12-16 what can we do when we feel exposed in our condition before God?

- *3. In what area of your life do you feel the greatest sense of need for the supply of the Spirit?

Lesson #4

The Purpose of Being Supplied

Scriptures: 2 Cor. 3:18; Rom. 8:29

Book Reading: pp. 6-9

^{3:18} But we all with unveiled face, beholding and reflecting like a mirror the glory of the Lord, are being transformed into the same image from glory to glory, even as from the Lord Spirit.

^{8:29} Because those whom He foreknew, He also predestinated to be conformed to the image of His Son, that He might be the Firstborn among many brothers.

Questions and Observations

1. From Romans 8:29 briefly state what God's purpose is over our lives.

2. From 2 Corinthians 3:18 what is the process we are daily involved in to fulfill God's purpose?

3. What does it mean to be transformed?
(See pp. 8-9)

- *4. What areas in your life change when you spend time with the Lord?

Lesson #5

Beholding the Lord Requires Time

*Scriptures: 2 Cor. 3:18; Exo. 33:11;
34:34-35; Deut. 10:10*

Book Reading: pp. 11-15

^{3:18} But we all with unveiled face, beholding and reflecting like a mirror the glory of the Lord, are being transformed into the same image from glory to glory, even as from the Lord Spirit.

^{33:11} So the LORD spoke to Moses face to face, as a man speaks to his friend. And he would return to the camp, but his servant Joshua the son of Nun, a young man, did not depart from the tabernacle.

^{34:34} But whenever Moses went in before the LORD to speak with Him, he would take the veil off until he came out; and he would come out and speak to the children of Israel whatever he had been commanded.

³⁵ And whenever the children of Israel saw the face of Moses, that the skin of Moses' face shone, then Moses would put the veil on his face again, until he went in to speak with Him.

^{10:10} As at the first time, I stayed [Heb. lingered] in the mountain forty days and forty nights; the LORD also heard me at that time.

Questions and Observations

1. According to 2 Corinthians 3:18 what do we need to do in order to be transformed?

2. From Exodus 33:11; 34:34-35 what happened to Moses when he spent time with the Lord?

3. According to Deuteronomy 10:10 how much time did Moses spend with the Lord?

- *4. What time of the day can you set aside in order to give the Lord some quality time?

Lesson #6

A Private Time with the Lord

Scriptures: Matt. 6:5-6; 2 Cor. 3:3, 16

Book Reading: pp. 15-18

^{6:5} And when you pray, you shall not be like the hypocrites, because they love to pray standing in the synagogues and on the street corners, so that they may be seen by men. Truly I say to you, They have their reward in full. ⁶ But you, when you pray, enter into your private room, and shut your door and pray to your Father who is in secret; and your Father who sees in secret will repay you.

^{3:3} Since you are being manifested that you are a letter of Christ ministered by us, inscribed not with ink but with the Spirit of the living God; not in tablets of stone but in tablets of hearts of flesh.

^{3:16} But whenever their heart turns to the Lord, the veil is taken away.

Questions and Observations

1. From Matthew 6:5-6 what three things should you do when you spend time with the Lord?

2. According to 2 Corinthians 3:3 where does the Lord do His writing?

- *3. How do you experience turning your heart to the Lord?

Lesson #7

Taking the Initiative to Behold the Lord

Scriptures: Phil. 2:12-13; 1 Cor. 15:10

Book Reading: pp. 19-24

^{2:12} So then, my beloved, even as you have always obeyed, not as in my presence only but now much rather in my absence, work out your own salvation with fear and trembling; ¹³ For it is God who operates in you both the willing and the working for His good pleasure.

^{15:10} But by the grace of God I am what I am; and His grace unto me did not turn out to be in vain, but, on the contrary, I labored more abundantly than all of them, yet not I but the grace of God which is with me.

Questions and Observations

1. According to Philippians 2:12-13 what is God doing in us to make it possible for us to work out our own salvation with fear and trembling?

2. According to 1 Corinthians 15:10 how would you explain what it means to take the initiative?

- *3. Discuss what has happened in your life whenever you have taken the initiative to cooperate with God's operation in you.

Lesson #8

Making Time to Behold the Lord

*Scriptures: Rom. 12:2; Mark 1:35; Luke
5:16; 6:12; Matt. 14:22-23*

Book Reading: pp. 25-30

^{12:2} And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

^{1:35} And rising very early in the morning, while it was still night, He went out and went away to a deserted place, and there He prayed.

^{5:16} But He Himself often withdrew in the wilderness and prayed.

^{6:12} And in these days He went out to the mountain to pray, and He spent the whole night in prayer to God.

^{14:22} And immediately He compelled the disciples to step into the boat and to go before Him to the other side, while He sent the crowds away. ²³ And after He sent the crowds away, He went up to the mountain privately to pray. And when night fell, He was there alone.

Questions and Observations

1. In Mark 1:35 what did the Lord do to spend time with the Father?

2. According to Luke 5:16 what did the Lord often do?

3. According to Luke 6:12 what did the Lord do all night?

*4. In Matthew 14:22-23 how did the Lord control his environment for the sake of making time to be with the Father? What do you do?

Lesson #9

How to Behold the Lord

Scriptures: Exo. 33:18-19; 34:5-7; Heb. 12:2

Book Reading: pp. 30-35

^{33:18} And he said, “Please, show me Your glory.”

¹⁹ Then He said, “I will make all My goodness pass before you, and I will proclaim the name of the LORD before you. I will be gracious to whom I will be gracious, and I will have compassion on whom I will have compassion.”

^{34:5} Then the LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. ⁶ And the LORD passed before him and proclaimed, “The LORD, the LORD God, merciful and gracious, longsuffering, and abounding in goodness and truth,^{7a} keeping mercy for thousands, forgiving iniquity and transgression and sin...”

^{12:2} Looking away unto Jesus, the Author and Perfecter of our faith, who for the joy set before Him endured the cross, despising the shame, and has sat down on the right hand of the throne of God.

Questions and Observations

1. From Exodus 33:18-19 and 34:5-7 list the items of the heavenly scenery that we should behold.

2. Based upon Hebrews 12:2 list the items in the Lord's redemptive process that we should behold.

- *3. What can you do to increase your enjoyment of beholding more of the riches of Christ?

Lesson #10

The life Christ lives in us

Scriptures: Eph. 4:20-21; John 1:18; 15:9-10

Book Reading: pp. 37-42

^{4:20} But you did not so learn Christ, ²¹ If indeed you have heard Him and have been taught in Him as the reality is in Jesus.

^{1:18} No one has ever seen God; the only begotten Son, who is in [Gk; *into*] the bosom of the Father, He has declared Him.

^{15:9} As the Father has loved Me, I also have loved you; abide in My love. ¹⁰ If you keep My commandments, you will abide in My love; even as I have kept My Father's commandments and abide in His love.

Questions and Observations

1. According to Ephesians 4:20-21, what does it mean to “learn Christ”?

2. From John 1:18 and 15:9-10, what motivated the Lord to spend time with the Father?

- *3. How would you characterize your love relationship with the Lord?

Lesson #11

Cultivating a love relationship
with the Lord*Scriptures: Mark 14:36; Gal. 4:6; John 17:26**Book Reading: pp. 43-46*

^{14:36} And He[Gk: was saying] said, Abba Father, all things are possible to You; remove this cup from Me; yet not what I will, but what You will.

^{4:6} And because you are sons, God has sent forth the Spirit of His So into our hearts, crying, Abba, Father!

^{17:26} And I have made Your name known to them and will yet make it known, that the love with which You hav loved Me may be in them, and I in them.

Questions and Observations

1. By comparing Mark 14:36 and Galatians 4:6, how do you understand your love relationship with the Lord?

2. According to John 17:26, describe the nature of the love-life within you.

- *3. How have you experienced cultivating your love relationship with the Lord?

Lesson #12

Putting ourselves aside

Scriptures: Luke 3:21-22; Col. 3:1-3; Gal 2:20

Book Reading: pp. 46-51

^{3:21} Now when all the people were baptized and as Jesus was baptized and was praying, heaven was opened, ²² And the Holy Spirit descended in bodily form as a dove upon Him. And a voice came out of heaven: You are My Son, the Beloved; in You I have found My delight.

^{3:1} If therefore you were raised together with Christ, seek the things which are above, where Christ is, sitting at the right hand of God. ² Set your mind on the things which are above, not on the things which are on the earth. ³ For you died, and your life is hidden with Christ in God.

^{2:20} I am crucified with Christ; and it is no longer I who live, but it is Christ who lives in me; and the life which I now live in the flesh I live in faith, the faith in the Son of God, who loved me and gave Himself up for me.

Questions and Observations

1. In Luke 3:21 what was the Lord doing when He was being baptized? In Luke 3:22 what happened when the Lord was baptized?

2. If baptism means termination and putting ourselves aside (cf. Col. 2:11-12), according to Colossians 3:1-3, what should we do with our mind?

- *3. What does it mean to you to be reduced to the love-life of the Triune God? See: Eph. 1:3-4; 5:25.28-30; Gal. 2:20.

Lesson #13

Spending time with the Lord
in the Word

*Scriptures: Matt. 4:4; 1 Cor. 6:17; 15:45b;
2 Tim. 4:22; John 6:57*

Book Reading: pp. 53-59

^{4:4} But He answered and said, It is written, “Man shall not live on bread alone, but on every word that proceeds out through the mouth of God.”

^{6:17} But he who is joined to the Lord is one spirit.

^{15:45b} the last Adam became a life-giving Spirit.

^{4:22} The Lord be with your spirit. Grace be with you.

^{6:57} As the living Father has sent Me and I live because of the Father, so he who eats Me, he also shall live because of Me.

Questions and Observations

1. According to Matthew 4:4 how would you explain the nature of the written Word?

2. What kind of inner life do we have? See: 1 Cor. 6:17; 15:45b; 2 Tim. 4:22.

3. According to John 6:57, what was the secret of the Lord's life? What is the secret of our life supply?

- *4. Give a personal testimony of your use of the Word in spending time with the Lord.

Lesson #14

Spending time with the Lord
early in the morning

*Scriptures: Mark 1:35; Isa.50:4; Exo. 16:12, 21;
Luke 5:16*

Book Reading: pp. 61-67

^{1:35} And rising very early in the morning, while it was still night, He went out and went away to a deserted place, and there He prayed.

^{50:4} The Lord God has given Me the tongue of the learned, that I should know how to speak a word in season to him who is weary. He awakens Me morning by morning, he awakens My ear to hear as the learned.

^{16:12} I have heard the murmurings of the children of Israel. Speak to them, saying, At twilight you shall eat meat, and in the morning you shall be filled with bread. And you shall know that I am the LORD your God.....^{16:21} So they gathered it every morning, every man according to his need. And when the sun became hot, it melted.

^{5:16} But He Himself often withdrew in the wilderness and prayed.

Questions and Observations

1. According to Mark 1:35 list the specific details concerning what the Lord did?

2. According to Isaiah 50:4, what does the Lord do to us morning by morning?

3. From Exodus 16:12 and 21, what lessons do we learn about the morning hour,?

- *4. Based upon the example of the Lord in Luke 5:16, concerning His withdrawing, how can you make time for the Lord in your daily schedule?

Lesson #15

Spending time with the Lord in prayer

Scriptures: Luke 6:12; John 7:38-39; Gal. 4:6;

Rom. 8:15; James 4:8

Book Reading: pp. 69-74

^{6:12} And in these days He went out to the mountain to pray, and He spent the whole night in [Gk: *the prayer of God*] prayer to God.

^{7:38} He who believes into Me, as the Scripture said, out of his innermost being shall flow rivers of living water ³⁹ But this He said concerning the Spirit, whom those who believed into Him were about to receive; for the Spirit was not yet, because Jesus had not yet been glorified.

¹
^{4:6} And because you are sons, God has sent forth the Spirit of His So into our hearts, crying, Abba, Father!.... ^{Rom. 8:15} For you have not received a spirit of slavery bringing you into fear again, but you have received a spirit of sonship in which we cry, Abba, Father!

^{4:8} Draw near to God, and He will draw near to you. Cleanse your hands, sinners, and purify your hearts, you double-souled!

Questions and Observations

1. From Luke 6:12 what do learn about the meaning of prayer in regards to its source?

2. According to John 7:37-38, how can God Himself pass through us?

3. By comparing Gal. 4:6 with Rom. 8:15-16, what do we learn about contacting God?

- *4. According to James 4:8 or 1 Thess. 5:16-23, share some of the benefits of allowing God to pass through you in prayer?

Lesson #16

God passing through us

*Scriptures: Luke 11:2; Eph. 3:10-12; 1 Tim.**2:1, 4; Rom. 8:26-27**Book Reading: pp. 75-84*

^{11:2} And He said to them, When you pray, say, Father, Your name be sanctified; Your kingdom come.

^{3:10} In order that now to the rulers and the authorities in the heavenlies the multifarious wisdom of God might be made known through the church, ¹¹ According to the eternal purpose which He made in Christ Jesus our Lord, ¹² In whom we have boldness and access in confidence through faith in Him.

^{2::1} I exhort therefore, first of all, that petitions, prayers intercessions, thanksgivings be made on behalf of all men..... ⁴ Who desires all men to be saved and to come to the full knowledge of the truth.

^{8:26} Moreover, in like manner the Spirit also joins in to help us in our weakness, for we do not know for what we should pray as is fitting but the Spirit Himself intercedes for us with groanings which cannot be uttered. ²⁷ But He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to God.

Questions and Observations

1. According to Luke 11:2 and Eph. 3:10-12, what does it mean for God's intentions to pass through us?

2. From 1 Tim. 2:1-4, what are God's desires that He wants to pass through us in prayer?

3. According to Rom. 8:26-29, how do you define God's sovereign designs passing through us?

- *4. What has been the most touching point in your life from these studies and fellowship?
